

ANNOUNCEMENT 23/03/2020 20.30pm

The government has announced the following essential measures: □

People will only be allowed to leave their home for the following very limited purposes:

Shopping for basic necessities, as infrequently as possible

One form of exercise a day - for example a run, walk, or cycle - alone or with members of your household;

Any medical need, to provide care or to help a vulnerable person; and

Travelling to and from work, but only where this is absolutely necessary and cannot be done from home.

THESE ARE THE ONLY REASONS YOU SHOULD LEAVE YOUR HOME

You should not be meeting friends. If your friends ask you to meet, you should say No.

You should not be meeting family members who do not live in your home.

You should not be going shopping except for essentials like food and medicine - and you should do this as little as you can. And use food delivery services where you can.

If you don't follow the rules the police will have the powers to enforce them, including through fines and dispersing gatherings.

To ensure compliance with the Government's instruction to stay at home, we will immediately: □

Close all shops selling non-essential goods, including clothing and electronic stores and other premises including libraries, playgrounds and outdoor gyms, and places of worship;

We will stop all gatherings of more than two people in public - excluding people you live with; We'll stop all social events, including weddings, baptisms and other ceremonies, but excluding funerals.

Parks will remain open for exercise but gatherings will be dispersed.

More changes may occur.

PHONE NUMBER AND WEBSITE NEXT WEEK



knebworthCR@gmail.com



Knebworth Covid Response Team



Twitter @Knebworthcrteam



Knebworth Covid Response Team

Newsletter

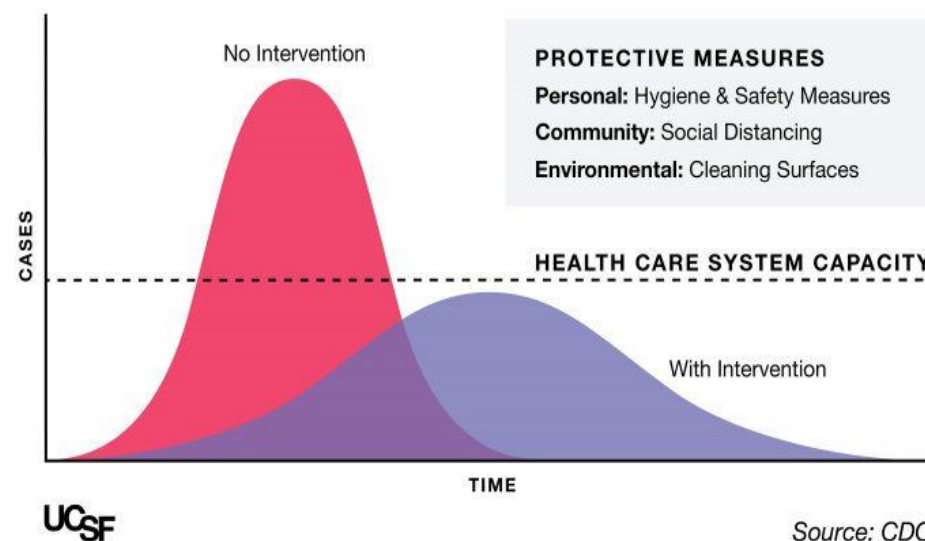
SELF ISOLATE SOCIAL DISTANCE

**Wash your hands with soap and water
for more than 20 seconds NOW!**

Social distancing and self isolation helps the NHS

Flatten the Curve

Collective action can limit the rise of new COVID-19 infections and help hospitals manage increased demand for care.



Introducing the Knebworth Covid Response Team

Many Knebworth residents have volunteered for the Knebworth Covid Response Team a huge response from people with a wealth of experience from many walks of life all offering to provide practical help and support in our lovely Knebworth community

What the group is for.

To support the residents of Knebworth, putting people in place ready to help when people need it, if they are impacted by Covid -19.

We will respond to requests for help, matching them to people who can respond to your urgent needs. We are getting our information together on who and how we can help. We will deliver weekly Newsletters to you and local shops for you to read.

How we will help you.

Mail our email address volunteers are watching it 8am to 8pm 7 days a week. Small teams of people led by a co-ordinator will cover the various areas of Knebworth. Fetch shopping and supplies, medication etc, teams of drivers, "befrienders" to have a telephone chat with, a team of street Marshalls for each Knebworth street and to check on their street community, Newsletter distributors, a social team focussing on activities to help keep residents occupied, like a weekly quiz, French pen pals with our twinning town. We also have a team of people to provide specialised advice e.g. Schools Liaison. a Nutritionist, Electrician, Benefits, IT expert, pregnancy support and animal support amongst them.

How you can get in touch with us.

You can email us on KnebworthCR@gmail.com

Or you can contact your street Marshall, a list of these will be provided separately they will feed your request into the support team **PHONE NUMBERS and a website will be available NEXT WEEK**, more info next week. we are on Facebook and twitter Info is on this sheet. We will be watching all Knebworth Facebook sites so we can offer practical help.

The Team Includes

Co-sponsors Lisa Nash and Steve Deakin-Davies NHDC Councillors
Project Manager Renata Crome
Email/Facebook watch Kate Dickinson
Supplies Co-ordinator Neil Michaelson

CHRISTOPHER'S OPTICIAN STATION RD TEL: 01438 816306

Shop closed , but operating for advice/contact lens orders by phone

GP SURGERY STATION RD TEL :01438 812494

Do not walk into GP surgeries. Appointments are mainly by telephone consultation, home visits will be kept to a minimum, based on the GP's assessment of the need.

Look at the Knebworth and Marymead surgery website or facebook page for the latest information. www.knebworthandmarymeaddr.co.uk

DENTISTS STATION RD & CORNER OF LONDON ROAD (BUPA)

Open for emergencies only. People with regular dentist, phone that practice in emergency to find out what emergency cover they have arranged. For people with no dentist the advice is to ring 111.

KNEBworth VILLAGE NEWS SHOP TEL : 01438 813569

Newspapers delivery continues , groceries available can be ordered over the phone , with payment over the phone for collection

TRUSSELS BUTCHERS

Due to COVID-19, the number of customers inside our shop is limited. Please no more than three customers at one time.

CO-OP

All CO-OP stores have a dedicated shopping hour for those at higher risk and the people who care for them.

Mon – Sat 8am-9am Sun 10am-11am

LYTTON ARMS

The Lytton arms has closed all operations with immediate effect (Including Veg Boxes). No take-away offerings or room bookings. Follow on social media or on their website for updates.

www.thelyttonarms.co.uk



For more than 20 seconds